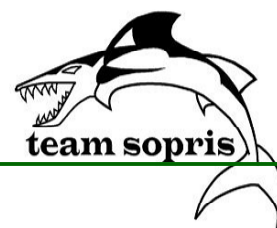


2017 Western Slope IM Challenge

Sponsored by Team Sopris

May 13-14, 2017



- DATE:** May 13-14, 2017
- SANCTION:** Held under sanction of USA Swimming, sanction #2017-014D
- In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.
- LOCATION:** Glenwood Springs Community Center
100 Wulfsohn Road
Glenwood Springs, CO 81601
970.384.6315 phone | 970.928.8418 fax
www.glenwoodrec.com/community-center
- FACILITIES:** Elevation 5760 feet. 25-yard indoor pool, 7 lanes for competition and one continuous warm- up/cool down lane. Limited deck space, seating available in the adjacent gymnasium. No chairs will be allowed on deck. The competitions course has not been certified in accordance with 104.2.2C (4). Water depth: 4 feet at shallow end; ranging from 6'3" in lane 8 to 12' in lane 1 at diving end. All races will start at diving end.
- TIMING:** Colorado Timing System with touch pads and electronic display board will be used for all events with the exception of 25 yard events, which will use stopwatches for times. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.
- SCHEDULE:** Saturday Warm-up: 10:30am-noon | Meet Start: 12:10pm
Sunday Warm-up: 7:30-9:00 am | Meet Start: 9:10am
- ELIGIBILITY:** Open to all Zone 4 swimmers and unattached swimmers training with a WSL team who are registered with 2017 USA Swimming membership card.
- Swimmers on the CSI exceptions report without registration must show proof of membership at the meet, or they will be deck registered (\$27/year plus the normal registration fee).
- Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$150 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.
- Swimmers entered in the meet must be certified by a USA Swimming member-coach for proficiency in a racing start or must start each race from the water. If unaccompanied by a member-coach, those swimmers or their legal guardians are responsible for complying with this requirement.
- FORMAT:** There are five Challenges available at this meet. Swimmers may compete in only one Challenge. Only swimmers who complete all events in that challenge will be eligible to receive a Challenge award. Swimmers may also simply enter random events, but they will not be eligible for an award.
- Swimmers may enter up to 4 individual events per day.
- 10 & Under IM Challenge events:** 25 free, 25 back, 25 breast, 25 fly, 50 free, 100 IM
Open Sprint IM Challenge events: 50 free, 50 back, 50 breast, 50 fly, 100 free, 100 IM
Open Mid-distance IM Challenge events: 100 free, 100 back, 100 breast, 100 fly, 200 free, 200 IM
Open Extreme IM Challenge events: 200 free, 200 back, 200 breast, 200 fly, 500 free, 200 IM, 400 IM
Open Distance Challenge events: 500 free, 1,000 free, 1650 free, 400 IM
- SCORING:** Hy-Tek Age Group Powerpoints will be used to score all events. Swimmers must complete all of an individual challenge's events to be eligible for awards.
- AWARDS:** Swimmers must complete in all events in their Challenge category to qualify for an award. If a swimmer disqualifies in a single event, he/she will be ineligible for awards. Challenge awards will be given to both male and female swimmers as determined by cumulative Hy-Tek Powerpoints in each of the events for a given Challenge category:



10 & Under IM Challenge: Special award for winner, medals 2nd and 3rd, ribbons 4th through 8th for 8 & under and 9-10

Open Sprint IM Challenge: Special award for winner, medals 2nd and 3rd, ribbons 4th through 8th for 8 & under, 9-10, 11-12 and 13 & over

Open Mid-distance IM Challenge: Special award for winner, medals 2nd and 3rd, ribbons 4th through 8th for 10 & under, 11-12, 13 & over

Open Extreme IM Challenge: Special award for winner, medals 2nd and 3rd, ribbons 4th through 8th for 11-12 and 13 & over

Open Distance Challenge: Meet award for winner, medals 2nd and 3rd, ribbons 4th through 8th for 11-12 and 13 & over

RULES:

Current 2017 USA and CSI rules will govern the meet.

Age as of May 13, 2017, will determine each swimmer's age group. Exhibition swimming will not be allowed.

Submit short course yard times only.

The meet will be pre-seeded except for the 400 IM, 500, 1000, and 1650 freestyles, which will be deck-seeded following positive check-in by the start of each day's session. The 1000 and 1650 will be swum fastest to slowest, alternating girls and boys.

Distance counters and timers needed: 500 free participants will be required to provide a counter. 1000 and 1650 free participants will be required to provide two timers plus a counter. Please be courteous of other swimmers and coaches by respecting these courtesy times: 400 IM and 500 free - 8:30; 1000 free - 16:00; 1650 free – 26:30

8 and under swimmers will be started from the blocks in the 25-yard races. We will be using two watch times for these events.

Colorado Swimming, Inc. warm-up procedures will be observed.

We reserve the right to revise warm-up times and lane assignments should the number of entries warrant such a change. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm down. Swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision.

We have the right to change the format of the meet should the number of entries warrant such a change. The meet director reserves the right to reorganize the session(s) to accommodate the 4-hour rule.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, gender, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck, a deck pass is an acceptable proof of membership. Current certification is mandatory.

Coaches that are in noncompliance will not be allowed on deck.

ENTRIES:

Swimmers may enter up to 4 individual events per day.

ENTRY FEES:

\$4.50 per individual event and \$12.50 facilities surcharge per athlete. \$0.15/event goes to Zone 4 Swimming. All entries will receive a participation award. Please make checks payable to **Sopris Barracudas** and deliver to the Clerk if Course. Awards will not be distributed until checks are received by the Clerk of Course.

ENTRY

PROCEDURE:

The TM Event template will be available by April 15, 2017 on the Western Slope League website (www.westernslopeleague.org), the CSI website (www.coloradoswimming.org) and on the Team Sopris Barracudas website (www.teamsopris.org).

Entries will only be accepted via e-mail and must be sent to the entry chair in a HY-TEK compatible format. The entry chair will confirm any e-mail entries received by Sunday, May 7th at 5:00pm along with entry verifications. If you do not receive a reply, your entries were not received. Entry files must also include a meet entry or verification report.



NO DECK entries will be accepted. The meet will be pre-seeded, with the exception of the distance events specified in the Rules section above. "ADDS" may be allowed in open lanes only, and at the meet referee's discretion.

Entry Chair: Wendy Vanderhoof – meetentries@teamsopris.org
Friday, May 5th at 5:00pm – late entries will not be accepted

ENTRY DEADLINE:

MEET DIRECTOR: Tom Newton - info@teamsopris.org

MEET REFEREE: Steve Pope - steve.pope@state.co.us

MEETADMIN: Wendy Vanderhoof - meetentries@teamsopris.org

MEET MARSHALL: **TBD**

PROGRAMS: Heat sheets will be posted to the previously listed websites by Thursday, May 11, 2017.

Programs or heat sheets will not be available at the meet. Please be sure to print heat sheets and bring them with you. You will be able to purchase a heat sheet through Meet Mobile.

RESULTS: TM results will be posted on Meet Mobile during the meet and the previously listed websites within 48 hours of the completion of the meet. Results will be emailed to all coaches within 48 hours of the completion of the meet.

LODGING: Please check www.teamsopris.org for lodging information.

PARKING: There is ample parking at the Community Center. Please limit your parking to the front lot. Unauthorized cars parked on the east side of the pool are subject to towing.

OFFICIALS: Please remember to bring your "whites" and ID as we will need many officials to cut down on the deck time each official works over the two days. Please contact Steve Pope if you are interested in working this meet.

TIMERS: Each team must be prepared to provide timers throughout session one and session three. Assignments will be posted on the Team Sopris website no later than Thursday, May 11th. Individual swimmers and teams must provide their own timers and, if desired, counters for the 1000 free and 1650 free. Team Sopris has counters available for all teams and swimmers to utilize.

SPECIAL INFORMATION: No smoking on the pool deck, in the building or any area frequented by swimmers. Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent that the law allows. **NO CHAIRS WILL BE PERMITTED ON THE POOL DECK.** Please plan to set up in the gym or outside, weather permitting.

Use of audio and visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms.

CSI restricts access to photography from the behind the blocks. Picture taking on the deck will be restricted to areas in front of the starting platforms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

NOTE : Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org



Event Schedule

Session 1 – Saturday, May 13th

Warm-ups: 10:30 am to noon

Meet Start: 12:10pm

Girls	Age	Event	Boys
1	Open	200 IM	2
3	Open	100 IM	4
5	Open	500 free*	6
7	10u	25 fly	8
9	Open	100 fly	10
11	Open	50 fly	12
13	Open	200 fly	14
15	10u	25 back	16
17	Open	100 back	18
19	Open	50 back	20

15 minutes warm-up starts following the completion of Session 1

Girls	Age	Event	Boys
21	Open	1650 free *	22

Session 2 – Sunday, May 14th

Warm-ups: 7:30 am to 9:00 am

Meet Start: 9:10 am

Girls	Age	Event	Boys
23	Open	200 free	24
25	Open	50 free	26
27	Open	400 IM *	28
29	10u	25 breast	30
31	Open	100 breast	32
33	Open	50 breast	34
35	Open	200 breast	36
37	10u	25 free	38
39	Open	100 free	40
41	Open	200 back	42

15 minutes warm-up starts following the completion of Session 3

Girls	Age	Event	Boys
43	Open	1000 free *	44

*Courtesy times. 400 IM and 500 free - 8:30; 1000 Free - 16:00; 1650 Free - 26:30

