



## **MONTROSE MARLINS SWIM CLUB**

### **MONTROSE MARLIN WINTER OPEN – JANUARY 25-26, 2020**

**DATE:** January 25-26, 2020

**FORMAT:** Timed Finals.

**ENTRY LIMIT:** We do not anticipate this meet filling up, but we will limit it to approximately the first 1800 individual splashes received. Teams; however, will not be split up (this pertains only to entries received at the same time while still under the cap of 1,800 splashes). Once the splash limit is reached, no additional entries will be accepted. This includes additional entries from teams already participating in the meet.

**SANCTION:** Held under the sanction of United States Swimming, Inc # 2020-006

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

**LOCATION:** Montrose Community Recreation Center  
16350 Woodgate Road (behind Wal-Mart)  
Montrose, CO 81401 Telephone: (970) 249-7705 Elevation: 5,879ft

**FACILITIES:** 11 lane, 25 yard, indoor pool with limited continuous warm-up and cool-down area. Pool depth on the start end is 13 feet and the turn end depth is 4 feet. Short course yards will be swum in 8 lanes. The remaining lane(s) will be used for warm-up/cool down.

The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

#### **TENTATIVE SCHEDULE:**

<b>Session</b>	<b>Day</b>	<b>Warm-up</b>	<b>Start</b>
<b>1</b>	Saturday	11:00-11:30am – 11&Over Warmup; 11:30-11:5am - 10&Under Warmup	12:00pm
<b>2</b>	Saturday Distance	5 Minute Warm up immediately following Session 1	Will be announced after entry deadline
<b>3</b>	Sunday	8:00-8:30am – 11&Over Warmup; 8:30-8:50am - 10&Under Warmup	9:00 am
<b>4</b>	Sunday Distance	5 Minute warm-up Immediately following Session 3	Will be announced after entry deadline

**Warm-up and start times may vary. We reserve the right to split the sessions differently or to split sessions based on the entries received. If entry numbers warrant it, we might add another warmup session to meet.**

**TIMING:** Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.

**ELIGIBILITY:** Open to all swimmers holding a 2020 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or they will be deck registered before they can enter the water. Swimmers may pay their deck registration fee on-line if needed. All deck entries must present proof of current registration.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

**SCORING:** Scoring will be for team totals only and will be to 16 places as follows:  
Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

10 & under events will be scored as 8&under and 9-10 with the exception of the 25's which will be scored for 6&unders, 7-8 and 9-10.

11 & over events will be scored as 11-12, 13-14, 15 & over

Relays will be scored for 10 & under and open.

**AWARDS:** Ribbons will be awarded to 12 & under swimmers. Ribbons will be awarded for 1<sup>st</sup> through 12<sup>th</sup> place for individual events, and 1<sup>st</sup> through 3<sup>rd</sup> for relays.

No Individual High Points will be calculated or awarded.

**RULES:** Current USA Swimming rules will govern the format of the meet. Individual scratch rule will be enforced. All events are timed finals. Colorado Swimming, Inc. warm-up procedures will be observed.

All sessions will be pre-seeded.

Age as of January 25, 2020 will determine the swimmer's age group.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changes areas, rest rooms, or locker rooms.

No on deck photography from behind the starting platforms or during the start or relays.

No exhibition swimming is allowed.

Deck changing is prohibited.

Coaches will be required to sign-in to receive the meet program.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

We encourage swimmers who are registered with a disability to enter the meet. It is the swimmer's or coach's responsibility to notify the Meet Referee of the events the swimmer has been entered.

USA Swimming and the Montrose Marlins accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

As guests of The Montrose Recreation District (MRD), all must adhere to the MRD rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are in noncompliance will not be allowed on deck.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at [www.usaswimming.org](http://www.usaswimming.org).

**DISTANCE EVENTS:** The 500 free and 1000 free require positive check-in which will close at the end of warmups in sessions 1 and 3 respectively.

The 500 Free and the 1000 Free will be swum fastest to slowest mixed genders.

500 Free and 1000 Free swimmers will be required to provide a counter and 2 timers. Timers will be provided for the 400IMs.

Qualification times for the 500 Free, 1000 Free and 400IM have been set. 400 IM – 8:00; 1000 Free - 16:00; 500 Free - 8:00

There will be a 5-minute break after Session 1 and Session 3 and before the distance session.

**ENTRY LIMITS:** All swimmers may swim 4 individual events and 1 relay per day.

<b>ENTRY FEES:</b>	Individual Events	\$ 4.00 per event
	Relay Events	\$ 6.00 per relay
	Deck Entries	\$ 10.00 per event, \$12.00 per relay
	Swimmer Surcharge	\$ 9.00 per swimmer

(\$ .75 of each entry fee goes to the CSI support fund and \$.15 per event goes to Zone 4.)

Please make checks out to: **Montrose Marlins**. Please bring your checks to the clerk of course on the first day of the meet. If you would like to mail the checks, please use the following mailing address: Montrose Marlins, PO Box 1395, Montrose, CO 81402.

**ENTRY DEADLINE:** Monday, January 22, 2020 at noon. No late entries will be accepted.

**ENTRY PROCEDURE:** Email entries to Pam Motley at [montrosemarlins@montrosemarlins.org](mailto:montrosemarlins@montrosemarlins.org) by the deadline. When you email the entries, please also attach a Hy-Tek Meet Entry Report by swimmer. **If you don't receive an email confirmation your entries were not received.**

Entry times can be submitted in any course. Events will be seeded according to converted times but will be published according to the actual time and course in which they were submitted. "NO TIME" or incorrect times will be placed in the slowest heat.

**DECK ENTRIES:** Deck entries will be accepted only for open lanes. No new heats will be created. Deck entries will open at the start of warm-ups on Saturday morning.

The deck entry fee is \$10.00 per event. Relay deck entry fees are \$15.00 per relay. Swimmers not previously entered in the meet must present their USA swimming registration card to the Clerk of Course to be able to deck enter.

**RESULTS:** Results will be emailed within 2 days to teams entered in the meet. If time and equipment permit, results may be available at the end of the meet on thumb drive (Bring your own thumb drive). No paper copies of results will be generated unless asked for by a coach.

**REFEREE:** Jason Ullmann, [ullmannjt@gmail.com](mailto:ullmannjt@gmail.com) (or his appointee)

**SAFETY/MEET DIRECTOR:** Stephen Motley, [lylemotley@gmail.com](mailto:lylemotley@gmail.com) (or his appointee)

**ADMIN OFFICIAL:** Pam Motley, [montrosemarlins@montrosemarlins.org](mailto:montrosemarlins@montrosemarlins.org)

**PROGRAMS:** Psych sheets will be posted on our website on Tuesday. Heat sheets will be posted to our website by Thursday. Psych sheets and heat assignments will also be available for free on Meet Mobile.

**SPECIAL INFORMATION:** NO SMOKING ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS. Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent that the law allows.

**MONTROSE MARLIN WINTER OPEN 2020**

**List of Events**

<b>Saturday, January 25, 2020</b> <b>Session One</b> <b>Warm-up: 11:00 am; Start 12:00 pm</b>		
Girls	Event	Boys
1	Open 200 Free Relay	2
3	10&U 100 Free Relay	4
5	11&O 400 IM**	6
7	10&Under 100 Free	8
9	11&O 100 Free	10
11	10&Under 25 Free	12
13	11&O 200 Breast	14
15	10&Under 50 Breast	16
17	11&O 50 Breast	18
19	10&Under 100 Fly	20
21	11&O 100 Fly	22
23	10&Under 100 IM	24
25	11&O 100 IM	26
27	10&Under 100 Back	28
29	11&O 200 Back	30
31	10&Under 25 Back	32
33	11&O 50 Back	34

<b>Sunday January 26, 2020</b> <b>Session Three</b> <b>Warm-up: 8:00 am; Start 9:00 am</b>		
Girls	Event	Boys
37	10&U 100 Med. Relay	38
39	Open 200 Med. Relay	40
41	10&Under 200 Free	42
43	11&Over 200 Free	44
45	10&Under 50 Back	46
47	11&Over 100 Back	48
49	10&Under 25 Fly	50
51	11&Over 200 Fly	52
53	10&Under 50 Fly	54
55	11&Over 50 Fly	56
57	10&Under 100 Breast	58
59	11&Over 100 Breast	60
61	10&Under 25 Breast	62
63	11&Over 50 Free	64
65	10&Under 50 Free	66
67	11&Over 200 IM	68
69	10&Under 200 IM	70

<b>Saturday, January 25, 2020</b> <b>Session Two - Distance</b> <b>Immediately following Session 2 with 5-minute break</b>		
Girls	Event	Boys
35	Open 500 Free-Mixed**	35

<b>Sunday January 26, 2020</b> <b>Session Four – Distance</b> <b>Immediately following Session 3 with 5-minute break</b>		
Girls	Event	Boys
71	11&O 1000 Free-Mixed**	71

Warm-up and start times may vary. We reserve the right to split the sessions differently or to split sessions based on the entries received. If entry numbers warrant it, we might add another warmup session to meet.

**\*\*Qualification Times: 400 IM - 8:00; 1000 Free – 16:00  
500 Free – 8:00**