



**MONTROSE MARLINS SWIM CLUB: SUMMER SPLASH– May 31, June 1 & 2, 2024**

**DATE:** May 31, June 1 & 2

**FORMAT:** Timed Finals

**SANCTION:** Held under the sanction of United States Swimming, Inc # \_\_\_\_\_  
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

**LOCATION:** Montrose Community Recreation Center  
16350 Woodgate Road (behind Wal-Mart)  
Montrose, CO 81401 Telephone: (970) 249-7705 Elevation: 5,879ft

**FACILITIES:** 11 lanes, 25 yard, indoor pool with limited continuous warm-up and cool-down area. Pool depth on the start end is 13 feet and the turn end depth is 4 feet. Short course yards will be swum in 8 lanes. The remaining lane(s) will be used for warm-up/cool down.

The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

List of days and sessions for warmups and start times:

<b>Session</b>	<b>Day</b>	<b>Warm-up</b>	<b>Start</b>
1	*Friday Afternoon	*3:00-3:50pm All swimmers warm-up	*4:00pm
2	Saturday Morning	8:30-9:20am 10 & Under warm-up	9:30am
3	*Saturday Afternoon	*12:00-12:50pm 12 & Over warm-up	*1:00pm
4	Sunday Morning	8:30-9:20am 10 & Under warm-up	9:30am
5	*Sunday Afternoon	*12:00-12:50pm 12 & Over warm-up	*1:00pm

**\*Warm-up and start times may vary. We reserve the right to change warm-up times based on the amount of entries received.**

**TIMING:** Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.

**ELIGIBILITY:** Open to all swimmers holding a 2024 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or deck pass as an acceptable proof of membership, or they will be deck registered before they can enter the water. Swimmers may pay their deck registration fee on-line if needed. All deck entries must present proof of current registration.

No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete

member to complete the requirements of membership (including Athlete Protection Training for 18 & over athletes), as a safeguard it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

**SCORING:** Scoring will be for team totals only and will be to 16 places as follows:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

10 & under events will be scored as 8 & under and 9-10 with the exception of the 25's which will be scored for 6 & under, 7-8 and 9-10.

11 & over events will be scored as 11-12, 13-14, 15 & over

Relays will be scored for 10 & under and open.

**AWARDS:** Medals will be awarded to 12 & Under swimmers for 1st through 3<sup>rd</sup> place and Ribbons awarded for 4<sup>th</sup> through 12<sup>th</sup> place and ribbons for 1<sup>st</sup> through 3<sup>rd</sup> place for 10 and under relays. There will be heat awards for 10 & Under events.

No individual High Points will be calculated or awarded.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. Individual scratch rule will be enforced. All events are timed finals. Colorado Swimming, Inc. warm-up procedures will be observed.

All sessions will be pre-seeded slowest to fastest and for distance sessions they will be seeded fastest to slowest.

Age as of May 31, 2024 will determine the swimmer's age group.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

No on deck photography from behind the starting platforms or during the start or relays.

No exhibition swimming is allowed.

Deck changing is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

We encourage swimmers who are registered with a disability to enter the meet. It is the swimmer's or coach's responsibility to notify the Meet Referee of the events the swimmer has been entered.

USA Swimming and the Montrose Marlins accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

As guests of The Montrose Community Recreation Center (CRC), all must adhere to the CRC rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are in noncompliance will not be allowed on deck.

**CONCESSIONS:** A selection of food and drink will be available at the concession stand.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at [www.usaswimming.org](http://www.usaswimming.org).

**DISTANCE EVENTS:** \*The 400 IM and 1650 Free for Friday afternoon session and the 500 Free for Saturday afternoon session require positive check-in, which will close at the end of warmups for each session.

The 1650 Free, the 500 Free, and the 400 IM will be swum fastest to slowest mixed genders.

**\*\*Swimmers swimming the distance free events will be required to provide a counter and 2 timers.**

There will be a 5-10 minute break following session 3 prior to the 500 free.

**ENTRY LIMITS:** All swimmers may swim up to 2 events on Friday and up to 4 individual events and 1 relay on Saturday and Sunday.

<b><u>ENTRY FEES:</u></b> Individual Events	\$ 4.00 per event
Relay Events	\$ 6.00 per relay
Swimmer Surcharge	\$ 15 per swimmer

(\$1.10 of each entry fee goes to the CSI support fund and \$.15 per event goes to Western Slope League.)

**Please make checks out to: Montrose Marlins.** Please bring your checks to the clerk of course on the first day of the meet. **If you would like to mail the checks,** please use the following mailing address: Montrose Marlins, PO Box 1395, Montrose, CO 81402.

**ENTRY DEADLINE:** Friday, May 24, 2024 by 8pm. Psych sheets will be sent out Monday, May 27, to help correct any entry errors. Changes will be taken until Wednesday, May 29, by 12pm. An updated psych sheet will be sent out Wed. evening, May 29.

**ENTRY PROCEDURE:** Email entries to Jennifer Rehard at [jrehard@icloud.com](mailto:jrehard@icloud.com) by the deadline. When you email the entries, please also attach a Hy-Tek Meet Entry Report by swimmer. **If you don't receive an email confirmation, your entries were not received.**

Entry times can be submitted in any course. Events will be seeded according to converted times but will be published according to the actual time and course in which they were submitted. "NO TIME" or incorrect times will be placed in the slowest heat.

**DECK ENTRIES:** Deck entries will be accepted only for open lanes and for athletes who are already entered into the meet and if their entry limit is not exceeded. No new heats will be created. Deck entries will open at the start of warm-ups on Friday afternoon, Sat. morning/afternoon and Sunday morning/afternoon. **\*Deadlines for deck entries will be 30 min. prior to the start of each session.**

**RESULTS:** Results will be emailed within 2 days to teams entered in the meet.

**REFEREE:** Linh Radovich; ltrado3@gmail.com

**SAFETY/MEET DIRECTOR:** Jennifer Johnson; jenny\_mb\_johnson@yahoo.com

**ADMIN OFFICIAL:** Jennifer Rehard; jrehard@icloud.com

**PROGRAMS:** Heat sheet and Psych sheets will be available on the Meet Mobile app.

**WARMUP Lane Assignments:** A complete schedule of lanes and times for all warm-up procedures will be emailed to coaches prior to meet which must be adhered to by all participants.

**SPECIAL INFORMATION:** NO SMOKING ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS. Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent that the law allows.

**MEDICAL Supervision** is available during the meet. A lifeguard is on duty and all lifeguards are trained to use AEDs. There are 3 AEDs in the building. One is located just outside the leisure pool near the competition pool. And EMT response time averages 7 minutes.

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**Friday Afternoon May 31, 2024**  
**Session 1**  
**Warmups 3:00-3:50pm; Start 4:00pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	11 & Over 400 IM	2
3	10 & Under 200 IM	4
5	11 & Over 1650 Free Mixed	5

**Saturday Morning June 1, 2024**  
**Session 2**  
**Warm-up 8:30-9:20am; Start 9:30am**

**Saturday Afternoon June 1, 2024**  
**Session 3**  
**Warm-up 12:00-12:50pm; Start 1:00pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>	<b>Girls</b>	<b>Event</b>	<b>Boys</b>
7	10&U 100 Fr Relay	8	25	Open 200 Fr Relay	26
9	Open 200 Free Relay/Mixed	9	27	Open 400 Free Relay/Mixed	27
11	10&U 25 Breast	12	29	Open 200 IM	30
13	10&U 100 Free	14	31	Open 200 Breast	32
15	10&U 50 Fly	16	33	Open 100 Fly	34
17	10&U 100 Breast	18	35	Open 100 Free	36

19	10&U 25 Free	20	37	Open 200 Back	38
21	10&U 100 IM	22	39	Open 500 Free Mixed	39
23	10&U 50 Back	24			

<b>Sunday Morning June 2, 2024</b> <b>Session 4</b> <b>Warm-up 8:30-9:20am; Start 9:30am</b>	<b>Sunday Afternoon June 2, 2024</b> <b>Session 5</b> <b>Warm-up 12:00-12:50pm; Start 1:00pm</b>
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<b>Girls</b>	<b>Event</b>	<b>Boys</b>	<b>Girls</b>	<b>Event</b>	<b>Boys</b>
41	10&U 100 Md. Relay	42	57	Open 200 Md. Relay	58
43	Open 200 Md. Relay/Mixed	43	59	Open 400 Md. Relay/Mixed	59
45	10&Under 25 Fly	46	61	Open 200 Free	62
47	10&U 100 Back	48	63	Open 200 Fly	64
49	10&U 50 Breast	50	65	Open 100 Back	66
51	10&U 100 Fly	52	67	Open 100 Breast	68
53	10&U 25 Back	54	69	Open 50 Free	70
55	10&U 50 Free	56			

**\*Warm-up and start times may vary. We reserve the right to change the warm-up sessions if entry numbers warrant it.**