



2022 Aspen Invitational Swim Meet June 11- 12, 2022 - Aspen, Colorado

Sanction: Held under the sanction of USA Swimming # 2022-060
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Sponsor: Aspen Swim Club

Location: Aspen Recreation Center - Address: 861 Maroon Creek Rd, Aspen, CO 81611
Phone: (970) 544-4100

Web: <http://www.aspenrecreation.com/aspen-recreation-center>

- A. Facility: Elevation 8,020 Feet. Indoor, 25-yard, 6 lane pool.
- B. The competition's course has not been certified in accordance with 104.2.2C (4).
- C. The water depth is measured at 4 feet on the shallow end and 12 feet on the deep/diving end.

Timing: Colorado Timing System 6 with touchpads and 6-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.

Schedule: Saturday morning: Warm up 8:00 AM / Start 9:10 AM
Saturday afternoon: Warm up 12:00 PM / Start 1:10 PM
Saturday evening: Session will begin 15 minutes after completion of the afternoon session. This intervening time will be warm up for the distance events.
Sunday morning: Warm up 8:00 AM / Meet start 9:10 AM
Sunday afternoon: Warm up no earlier than 11:30 AM /
Meet begins at 12:40 PM

*** Lane assignments will be made after all entries have been received***

Eligibility: Open to any swimmer with a 2022 USA Swimming membership. Any swimmer that appears on the Colorado Swimming (CSI) exceptions report without registration must come to the meet prepared to show proof of current membership. Deck Pass is an acceptable proof of membership. NO deck registrations will be accepted. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Entry Limit: Swimmers may compete in a maximum of four (4) individual events and one (1) relay per day. In addition, on Saturday, a swimmer may elect to swim an additional event in Session III totaling no more than five (5) individual events. Due to the number of swimmers expected, the meet will be limited to approximately the first 250 swimmers received. Teams will not be split up (this pertains only to entries received at the same time while still under the cap of 250 swimmers).

Entry Fees: \$5.00 per individual entry per swimmer, plus a one-time \$15.00 fee per swimmer for pool surcharge. \$1.05 for each entry fee goes to the CSI fund and \$0.15 per event goes to Zone 4 swimming. \$8.00 for each relay event entered.

Make your check (one only per team) payable to: **Aspen Swim Club.**

Entry

Process: All entries must be submitted by e-mail using a Hy-Tek file. The entry chair will confirm any e-mail entries. "No Time" or incorrect times will be placed in the slowest heat. Times for all events should be in SCY. A hardcopy of the entry event list should be e-mailed along with the entry file. **Payment shall be submitted at the meet to the meet director. NO DECK ENTRIES AND ALL EVENTS PRE-SEEDED**

Please provide the number of coaches who will be attending the meet for Coach Packet preparation. The meet will be pre-seeded. There will be no re-seeding.

Entry

Deadline: **Tuesday, June 7, 2022, by 9 AM** – No entries will be accepted after 9:00 AM on this date. You will receive a team psych sheet to confirm your swimmers by **Wednesday, June 8, 2022, by 9:00 AM**. You will have until **Thursday, June 9, 2022, at 5:00 PM** to make changes to your swimmers' events. The meet will be seeded after the change deadline.

Entry

Address: **Do Not Send Entries to The Pool** Send to: Trzcinski.Chris@gmail.com

Scoring:

The meet will be scored as follows:

Individual & Relay-to six places: Individual Events: 7, 5, 4, 3, 2, 1

Relay Events: 14, 10, 8, 6, 4, 2

Team scores will be kept and posted throughout the meet

Awards:

Individual Events: 1st – 8th Ribbons (10 and under only)

Relay Events: 1st – 6th Ribbons (10 and under only)

Heat Prizes for 10 & Unders

Programs/ Hospitality

Heat sheets will be provided electronically through Meet Mobile and will be posted on the Aspen Swim Club Website prior to the meet. No heat sheets will be sold at the meet. Heat sheets will be provided at no cost to coaches and officials. Coaches will be required to sign in to receive the meet program. There will be no concessions. There will be hospitality for coaches and officials.

Results: Results will be e-mailed within five (5) days to teams entered in the meet.

Rules:

1. Current USA Swimming and Colorado Swimming rules will govern the procedures of the meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
2. The Meet Referee will have the final authority on all swimming procedures of the meet.
3. Colorado Swimming, Inc. procedures for warm up will be observed. These procedures are posted throughout the pool area. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm up, competition, and warm down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. Warm ups may be split depending on final entry numbers.
6. Coaches MUST declare add/scratches no later than 30 minutes prior to the posted start of each session.
7. All events will be timed finals.
8. 25-yard events will start from the blocks and finish at the turn end of the pool.
9. Only swimmers registered in the meet are allowed to use the warm-up cool-down portions of the facility.
10. At the Referee's discretion, events may be combined by age, gender and/or distance.
11. Distance Events: 400 IM and 500 Freestyle
 - a. The 400 IM and the 500 Free will be deck seeded
 - b. Positive check-in will be required for the 400 IM and the 500 Free. Swimmers or their coach must check-in at the Clerk of Course by 10:30 am on the day of the event.
 - c. Swimmers must provide their own lap counter.
 - d. There will be a courtesy time standard of 8:00.00 for the 400 IM and the 500 Free.
12. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
13. No on deck photography from behind the starting platforms during starts or relays.
14. Deck changing is prohibited.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

16. No exhibition swimming

17. Age as of June 11, 2022 will determine the swimmers' age group for competition. Swimmers may swim in only one age group per event.

Disclaimer:

USA Swimming, Inc., Colorado Swimming, Inc., Aspen Swim Club and the City of Aspen, all meet officials, volunteers and sponsors shall be held free from liability or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Special

Note: No smoking on the pool deck, in the building, or any area frequented by swimmers. Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent that the law allows. Pursuant to the Aspen Recreation Center rules, no coolers are allowed on the pool deck or on the premises. There will be concessions available for purchase throughout the meet.

NOTE: Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org .

**Coaches/
Officials:**

All coaches and uniformed officials must display their USA cards when on deck. Current certification is mandatory. Deck pass is an acceptable proof of registration. We are in need of officials to help run the meet. It would be greatly appreciated if each team could encourage parent officials to volunteer at this meet. Please contact [Katie McManus \(Meet Referee\)](mailto:KatieMcManus@skier_pt@yahoo.com) at skier_pt@yahoo.com if you plan to help officiate at this meet. A mandatory Officials' meeting will be held before each session. The Meet Referee reserves the right to hold a coaches' meeting prior to the start of the meet.

Meet Directors: Jennifer Jones

Meet Referee: Katie McManus

Entries/Admin Official: Chris Trzcinski

Safety Chair: Erin Hutchins

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID19 RELATED TO PARTICIPATION IN THIS COMPETITION.

2022 Aspen Invitational Swim Meet
Order of Events

Saturday AM – Session I

Warm up: 8:00 AM Start: 9:10 AM

Girls Event	Age Group	Description	Boys Event
1	10&U	100 Free	2
3	8&U	25 Free	4
5	10&U	50 Fly	6
7	10&U	100 Breast	8
9	8&U	25 Breast	10
11	10&U	50 Back	12
13	10&U	200 IM	14
15	10&U	200 Medley Relay	16

Saturday PM – Session II

Warm up: 12:00 PM Start: 1:10 PM

Girls Event	Age Group	Description	Boys Event
17	11-12	50 Back	18
19	13&O	200 Back	20
21	11-12	200 Back	22
23	13&O	100 Free	24
25	11-12	100 Free	26
27	13&O	100 Fly	28
29	11-12	100 Fly	30
31	13&O	50 Free	32
33	11-12	50 Free	34
35	13&O	200 Breast	36
37	11-12	200 Breast	38
39	Open	400 Medley Relay	40

Saturday Evening – Session III

15 minute warm up immediately following session II

Girls Event	Age Group	Description	Boys Event
41	11&O	400 Individual Medley	42
43	Open	500 Free	44

Sunday AM – Session IV

Warm up: 8:00 AM Start: 9:10 AM

Girls Event	Age Group	Description	Boys Event
45	10&U	100 Individual Medley	46
47	8&U	25 Fly	48
49	10&U	100 Fly	50
51	10&U	50 Free	52
53	10&U	100 Back	54
55	8&U	25 Back	56
57	10&U	50 Breast	58
59	10&U	200 Free	60
61	10&U	200 Free Relay	62

Sunday PM – Session V

Warm up: 11:30 AM Start: 12:40 AM

Girls Event	Age Group	Description	Boys Event
63	11&O	100 Individual Medley	64
65	13&O	200 Free	66
67	11-12	200 Free	68
69	13&O	100 Breast	70
71	11-12	100 Breast	72
73	13&O	200 Fly	74
75	11-12	50 Fly	76
77	11-12	200 Fly	78
79	13&O	100 Back	80
81	11-12	50 Breast	82
83	13&O	200 Individual Medley	84
85	Open	400 Free Relay	86