

## Team Sopris Fall 2021 Practice Schedule

Begins: Tuesday, September 7, 2021

Last updated: August 18, 2021 **Subject to Change**

Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Discovery</b>	5:15-6:00pm	OFF	5:15-6:00pm	OFF	4:45-5:30pm	9:30-10:30am as scheduled
<b>Challenge 2</b>	OFF	4:00-5:00pm	4:15-5:15pm	4:00-5:00pm	4:00-4:45pm	9:30-10:30am as scheduled
<b>Cuda</b>	5:15-6:30pm	5:00-6:15pm	4:15-5:15pm	5:00-6:15pm	5:30-7:00pm	8:30-9:30am
<b>JR/Senior</b>	4:00-5:15pm 6:00-7:30am	6:00-7:30am	2:30-4:15pm 6:00-7:30am	6:00-7:30am	5:30-7:00pm	7:00-8:30am
<b>HS Prep</b>		<b>6:15-7:30pm</b>			<b>5:30-7:00am</b>	
<b>Masters</b>	5:30-7:00am		5:30-7:00am		5:30-7:00am	

\*HS Prep can attend a max of 2 practices per week, no Dryland, no Mon/Wed am practice

\*\*JR/SR Can complete a Double on Monday, Wednesday, Friday mornings & Tuesday night (all doubles approved by Coach Steve)

\*\*\* The number of Swimmers invited will be determined by lanes and coaches available