



**MONTROSE MARLINS SWIM CLUB**

**MONTROSE MARLINS SUMMER OPEN – June 18 & 19, 2022**

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**DATE:** June 18-19 (Saturday and Sunday)

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**FORMAT:** Timed Finals

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**ENTRY LIMIT:** We do not anticipate this meet filling up, but we will limit it to approximately the first 1800 individual splashes received. Teams, however, will not be split up (this pertains only to entries received at the same time while still under the cap of 1,800 splashes). Once the splash limit is reached, no additional entries will be accepted. This includes additional entries from teams already participating in the meet.

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**SANCTION:** Held under the sanction of United States Swimming, Inc # 2022-055  
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

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**LOCATION:** Montrose Community Recreation Center  
16350 Woodgate Road (behind Wal-Mart)  
Montrose, CO 81401 Telephone: (970) 249-7705 Elevation: 5,879ft

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**FACILITIES:** 11 lanes, 25 yard, indoor pool with limited continuous warm-up and cool-down area. Pool depth on the start end is 13 feet and the turn end depth is 4 feet. Short course yards will be swum in 8 lanes. The remaining lane(s) will be used for warm-up/cool down.  
The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

**List of days and sessions for warmups and start times:**

| <u>Session</u> | <u>Day</u>        | <u>Warmup</u>                                     | <u>Start</u>          |
|----------------|-------------------|---|-----------------------|
| 1              | Saturday          | 9:00-9:30 am – 11&Over<br>9:30-9:50 am – 10&Under | 10:00 am              |
| 2              | Saturday Distance | 5-10 Minute Warm-up following Session 1           | after morning session |
| 3              | Sunday            | 9:00-9:30 am – 11&Over<br>9:30-9:50 am – 10&Under | 10:00 am              |
| 4              | Sunday Distance   | 5-10 Minute warm-up following Session 3           | after morning session |

**Warm-up and start times may vary. We reserve the right to split the sessions differently or to split sessions based on the entries received. If entry numbers warrant it, we might add another warm-up session to meet.**

**TIMING:** Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.

**ELIGIBILITY:** Open to all swimmers holding a 2022 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or deck pass as an acceptable proof of membership, or they will be deck registered before they can enter the water. Swimmers may pay their deck registration fee on-line if needed. All deck entries must present proof of current registration.

No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

**SCORING:** Scoring will be for team totals only and will be to 16 places as follows:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

10 & under events will be scored as 8 & under and 9-10 with the exception of the 25's which ~~will~~ be scored for 6 & under, 7-8 and 9-10.

11 & over events will be scored as 11-12, 13-14, 15 & over.

Relays will be scored for 10 & under and open.

**AWARDS:** Ribbons will be awarded to 12 & under swimmers for 1<sup>st</sup> through 12<sup>th</sup> place and 1<sup>st</sup> through 3<sup>rd</sup> place for 10 and under relays. Participation awards will be given to 13 and older swimmers. There will be heat awards for 10 & Under events.

No Individual High Points will be calculated or awarded.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Individual scratch rule will be enforced. All events are timed finals. Colorado Swimming, Inc. warm-up procedures will be observed.

All sessions will be pre-seeded.

Age as of June 18, 2022 will determine the swimmer's age group.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changes areas, rest rooms, or locker rooms.

No on deck photography from behind the starting platforms or during the start or relays.

No exhibition swimming is allowed.

Deck changing is prohibited.

Coaches will be required to sign-in to receive the meet program.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

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Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

We encourage swimmers who are registered with a disability to enter the meet. It is the swimmer's or coach's responsibility to notify the Meet Referee of the events the swimmer has been entered.

USA Swimming and the Montrose Marlins accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

As guests of the Montrose Community Recreation Center, all must adhere to the MCRC rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave the pool deck. Children must be supervised at all times.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are in noncompliance will not be allowed on deck.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at [www.usaswimming.org](http://www.usaswimming.org).

**DISTANCE EVENTS:** The 500 free and 1000 free require positive check-in which will close at the end of warmups in sessions 1 and 3 respectively.

The 500 Free and the 1000 Free will be swum fastest to slowest mixed genders. 500 Free and 1000 Free swimmers will be required to provide a counter and 2 timers. Timers will be provided for the 400IMs. There will be a 5-10 minute break after Session 1 and Session 3 before the distance sessions.

**ENTRY LIMITS:** All swimmers may swim 4 individual events and 1 relay per day. **A swimmer who has achieved a CSI Open Meet Qualifying Time for an event may not enter in that event in this meet.**

|                                      |                                       |
|--------------------------------------|---------------------------------------|
| <b>ENTRY FEES:</b> Individual Events | \$ 4.00 per event                     |
| Relay Events                         | \$ 6.00 per relay                     |
| Deck Entries                         | \$ 10.00 per event, \$12.00 per relay |
| <b>Swimmer Surcharge</b>             | <b>\$ 12.00 per swimmer</b>           |

(\$1.05 of each entry fee goes to the CSI support fund and \$.15 per event goes to Zone 4.)

Please make checks out to: **Montrose Marlins**. Please bring your checks to the clerk of course on the first day of the meet. If you would like to mail the checks, please use the following mailing address: Montrose Marlins, PO Box 1395, Montrose, CO 81402.

**ENTRY DEADLINE:** **Monday, June 13, 2022.** No late entries will be accepted.

**ENTRY PROCEDURE:** Email entries to **Jennifer Rehard: [jrehard@icloud.com](mailto:jrehard@icloud.com)** by the deadline. When you email the entries, please also attach a Hy-Tek Meet Entry Report by swimmer. **If you don't receive an email confirmation your entries were not received.**

Entry times can be submitted in any course. Events will be seeded according to converted times but will be published according to the actual time and course in which they were submitted. "NO TIME" or incorrect times will be placed in the slowest heat.

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**DECK ENTRIES:** Deck entries will be accepted only for open lanes. No new heats will be created. Deck entries will open at the start of warm-ups on Saturday morning.

The deck entry fee is \$10.00 per event. Relay deck entry fees are \$15.00 per relay. Swimmers not previously entered in the meet must present their USA swimming registration card to the Clerk of Course to be able to deck enter.

**RESULTS:** Results will be emailed within 2 days to teams entered in the meet. If time and equipment permit, results may be available at the end of the meet on thumb drive (Bring your own thumb drive). No paper copies of results will be generated unless asked for by a coach.

**REFEREE:** Linh Radovich: ltrado3@gmail.com

**SAFETY/MEET DIRECTOR:** Jennifer Rehard: jrehard@icloud.com

**ADMIN OFFICIAL:** Candi Duran: candiduran@hotmail.com

**PROGRAMS:** Psych sheets will be sent out to teams by June 16, 2022. Heat sheets will be sent out to teams by June 16, 2022. Psych sheets and heat assignments will also be available on Meet Mobile.

**SPECIAL INFORMATION:** NO SMOKING ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS. Any damage to pool property will be grounds for dismissal from the remainder of the meet and the offenders will be held liable to the fullest extent that the law allows.

**Specific COVID Meet Restrictions:** Montrose Marlins Swim Club will follow current Montrose Community Recreation Center and Montrose County Health guidelines as determined the week before the meet. As of the date of this sanction, there are no mask mandates or number restrictions on this meet, but these are subject to change depending on the Montrose Community Recreation Center and Montrose County Health guidelines at the time of the meet.

**Other COVID Information:**

- The applicant meet host must provide assumption of risk disclaimer language in meet information, announcements, and heat sheets.
- We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY

OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. *Montrose Marlins Summer Open 2022 – P. 4*

**Montrose Marlins Summer Open June 2022**  
**List of Events**

| <b>Saturday June 18, 2022</b><br><b>Session 1</b><br><b>Warm up 9-9:50 am; Start 10 am</b> |                     |             | <b>Sunday June 19, 2022</b><br><b>Session 3</b><br><b>Warm up 9-9:50 am; Start 10 am</b> |                     |             |
|--|---------------------|-------------|--|---------------------|-------------|
| <b>Girls</b>   | <b>Event</b>        | <b>Boys</b> | <b>Girls</b>   | <b>Event</b>        | <b>Boys</b> |
| <b>1</b>   | Open 200 Free Relay | <b>2</b>    | <b>37</b>  | 10&U 100 Med. Relay | <b>38</b>   |
| <b>3</b>   | 10&U 100 Free Relay | <b>4</b>    | <b>39</b>  | Open 200 Med. Relay | <b>40</b>   |
| <b>5</b>   | 11&O 400 IM         | <b>6</b>    | <b>41</b>  | 10&Under 200 Free   | <b>42</b>   |
| <b>7</b>   | 10&Under 100 Free   | <b>8</b>    | <b>43</b>  | 11&Over 200 Free    | <b>44</b>   |
| <b>9</b>   | 11&O 100 Free       | <b>10</b>   | <b>45</b>  | 10&Under 50 Back    | <b>46</b>   |
| <b>11</b>  | 10&Under 25 Free    | <b>12</b>   | <b>47</b>  | 11&Over 100 Back    | <b>48</b>   |
| <b>13</b>  | 11&O 200 Breast     | <b>14</b>   | <b>49</b>  | 10&Under 25 Fly     | <b>50</b>   |
| <b>15</b>  | 10&Under 50 Breast  | <b>16</b>   | <b>51</b>  | 11&Over 200 Fly     | <b>52</b>   |
| <b>17</b>  | 11&O 50 Breast      | <b>18</b>   | <b>53</b>  | 10&Under 50 Fly     | <b>54</b>   |
| <b>19</b>  | 10&Under 100 Fly    | <b>20</b>   | <b>55</b>  | 11&Over 50 Fly      | <b>56</b>   |
| <b>21</b>  | 11&O 100 Fly        | <b>22</b>   | <b>57</b>  | 10&Under 100 Breast | <b>58</b>   |
| <b>23</b>  | 10&Under 100 IM     | <b>24</b>   | <b>59</b>  | 11&Over 100 Breast  | <b>60</b>   |
| <b>25</b>  | 11&O 100 IM         | <b>26</b>   | <b>61</b>  | 10&Under 25 Breast  | <b>62</b>   |
| <b>27</b>  | 10&Under 100 Back   | <b>28</b>   | <b>63</b>  | 11&Over 50 Free     | <b>64</b>   |
| <b>29</b>  | 11&O 200 Back       | <b>30</b>   | <b>65</b>  | 10&Under 50 Free    | <b>66</b>   |
| <b>31</b>  | 10&Under 25 Back    | <b>32</b>   | <b>67</b>  | 11&Over 200 IM      | <b>68</b>   |
| <b>33</b>  | 11&O 50 Back        | <b>34</b>   | <b>69</b>  | 10&Under 200 IM     | <b>70</b>   |
|  |                     |             |  |                     |             |

| <b>Saturday June 18, 2022</b><br><b>Session Two – Distance</b><br><b>Immediately following Session 1 with 5-10 minute break</b> |                     |             | <b>Sunday June 19, 2022</b><br><b>Session four – Distance</b><br><b>Immediately following Session 3 with 5-10 minute break</b> |                      |             |
|---|---------------------|-------------|--|----------------------|-------------|
| <b>Girls</b>  | <b>Event</b>        | <b>Boys</b> | <b>Girls</b>   | <b>Event</b>         | <b>Boys</b> |
| 35  | Open 500 Free-Mixed | 35          | 71   | 11&O 1000 Free-Mixed | 71          |
|   |                     |             |  |                      |             |

**Warm-up and start times may vary. We reserve the right to split the sessions differently or to split sessions based on the entries received. If entry numbers warrant it, we might add another warm-up session to meet.**

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