

2025 Deep Freeze Invitational - Sponsored by Team Sopris Nov 1-2, 2025

SATURDAY, NOV. 1ST		Saturday Morning - warm-up: 9:00-10:00 am Meet Start: 10:00am						
Session 1 - 12 and Under								
SAT Nov 1	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
9:00-9:30am	ASP	SOPR ASP	SOPR	SOPR	SOPR	SOPR	SOPR	SOPR
9:30-10:00am	MONT	Avon	Avon/SS	SS	MAVS	MAVS	MAVS	MAVS

SATURDAY, NOV. 1ST	Saturday Afternoon - warm-up: 12:30-1:30 PM Meet Start: 1:30PM							
Session 2 - 13 and over								
SAT Nov 1	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
12:30:00-1:00pm	AVON	MM	ASP	SS	SOPR	SOPR	SOPR UN	SOPR
1:00-1:30pm	OPEN	OPEN	OPEN	OPEN	MAVS	MAVS	MAVS	MAVS

Session 3 - Distance to begin 10 minutes following the conclusion of Session 2 (Approx 2:45)								
SAT Nov 1	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
2:30pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

SUNDAY, NOV 2ND	Session 4 - Meet starts at 9:00am							
SUN Nov 2	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00 - 8:30am	ASP	SOPR ASP	SOPR	SOPR	SOPR	SOPR	SOPR	SOPR
8:30 -9:00am	MM	AVON	AVON/SS	SS	MAVS	MAVS	MAVS	MAVS

Session 5 - Meet starts at 12:30am								
SUN Nov 2	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
11:30 - 12:00pm	AVON	MM	ASP	SS	SOPR	SOPR	SOPR UN	SOPR
12:00 - 12:30pm	OPEN	OPEN	OPEN	OPEN	MAVS	MAVS	MAVS	MAVS