



COLORADO SWIMMING PIONEER OPEN

DECEMBER 2-DECEMBER 4, 2022

SANCTION: Held under the sanction of USA Swimming and Colorado Swimming Sanction #CO23-142. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE: *Cheryl Hampton or Designee* Cherylswimofficial@gmail.com

ADMIN. REFEREE: *Derigan Silver* derigansilver@gmail.com

MEET DIRECTOR: *Shawn Smith* shawn.smith@du.edu

ENTRY CHAIR: *Linda Seckinger* meetentries@swimcolorado.org

SAFETY DIRECTOR: *Rachel Cook* rachel.j.cook@du.edu

LOCATION: *University of Denver – Coors Fitness Center
2201 East Asbury
Denver, CO 80208*

FACILITY: Elevation 5342 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Dependent upon number of entrants, competition water depth measured in accordance with Article 103.2.3 ranges below. The host team reserves the right to run prelims and/or timed final sessions in one or two competition courses. Course A = 8 lane, 25 yard from 7-9 feet at the start end and 7 feet deep at the turn end. Course B = 5, 6, or 7 lane 25 yard from 5-7 feet deep on start end and 5-7 feet deep on turn end.

TIMING: Colorado Timing System with touchpads, button back-up, 10-lane scoreboard, and electronic horn start.

MANDATORY GENERAL MEETING:

Friday December 2, 2022 at 6:30 AM in [coaches'/officials' hospitality](#). **All Coaches and Teams are responsible for the information given in the General Meeting. All Coaches and Teams are also responsible for leaving a cell phone number of a coach who will be responsible for swimmers at the meet with the administrative referee.**

SCHEDULE (TENTATIVE- MAY BE UPDATED BASED ON ENRANTS/TIMELINES)

<i>Session</i>	<i>Warm-Up</i>	<i>Meet Start</i>
Friday, Saturday and Sunday Prelims, 12&U, 14&U and Open age groups (Tentative)	General Warm-up – 7:30 - 8:30 AM Specific Warm-up – 8:30 – 8:50 AM	Tentative 9:00 AM
Saturday and Sunday only 10&U Timed Finals (Tentative)	Tentative Warm-Up: 1:00 – 1:30 PM	Tentative Start 1:40 PM
Friday, Saturday and Sunday Finals (Tentative)	General Warm-up – 4:30 – 5:05 PM Specific Warm-up – 5:05 – 5:20 PM	Tentative Start 5:30 PM

Final warm-up, and session start times will be posted at <https://www.teamunify.com/team/wzcolsc/page/homeby> Monday, Nov 28, 2022.

PRELIMS: Competition is planned to be conducted in two competition courses:

- o Course A = 8 lane, 25 yard from 7-9 feet at the start end and 7 feet deep at the turn end.

- Course B = 5, 6, or 7 lane 25 yard from 5-7 feet deep on start end and 5-7 feet deep on turn end.
- Continuous warm-up/down lanes will be available in all circumstances.
- Scratch procedures will be enforced as per **207.11.6** of the USA Swimming Rules and Regulations.

FINALS:

Will be swum in course A (North pool) an 8 lane, 25 yards from 7-9 feet deep on the start end and 7 feet deep on the turn end. Finals will consist of top sixteen for 12&U events, top sixteen for 14&U events and top twenty-four (24) for Open events with the following exceptions:

1. Finals for the 500 Free will consist of top eight for 12&U;
2. Finals for the 400 IM and 500 Free will consist of the top eight (8) for 14&U and top sixteen (16) Open events.
3. Points will be awarded for places 9-16 in prelims in events where only eight (8) swimmers will compete in finals.
4. **Finals Reporting: It is the responsibility of all athletes in finals to report behind the blocks in time to swim their event. If an athlete fails to report in time and the Deck Referee has inserted an alternate, or has determined they are not present to swim, then the athlete will be barred from further competition. Alternates for finals are to report to the Deck Referee two events prior to their race. Per USA Swimming rules finals alternates will only be used in the C finals of any OPEN event, and the B finals of 12&U and 14&U events.**
5. **A \$50.00 fine will be assessed for this failure to appear which must be paid before the swimmer can resume competition in any sanctioned event in Colorado. In addition, the swimmer will be barred from the remainder of the meet.**

ENTRIES:

Prelim/Final events: Maximum of three (3) individual events per day with a limit of seven (7) individual events for the meet.

Timed Final events: Maximum of four (4) individual events per day with a limit of seven (7) events for the meet.

ENTRY FEES: MAKE PAYABLE TO

“DU HILLTOPPERS”

2201 E. Asbury, Aquatics: Room 1923, Denver, CO 80208

Individual Events:	\$7.50 per event. (\$1.35 per splash goes to the CSI Support Fund)
Relay Events:	\$16.00 per relay entered.
Pool Surcharge:	\$15.00 per swimmer entered.

ELECTRONIC ENTRY PROCEDURES AND DEADLINE:

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than **Monday, November 21, 2022 at 5pm**. Entries received after this date will be accepted at the meet referees’ discretion.
- Late entries may be accepted during the meet. These late entries will be charged \$10.00 per event and seeded only in open lanes if available. Late entries must be prepared to show proof of time and proof of registration.
- Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.
- Psych sheet, warm-up and timer assignments will be posted at <https://www.teamunify.com/team/vzcolsc/page/home> by Friday, **November 25, 2022**.
- Timed finals session must include entry times. No time (NT) entries are not acceptable and will be rejected.
- TOPS swimmers will be exempt from the 10&U timed final qualifying time standards in the 50-yard events.

ELIGIBILITY: All athletes **must** hold a 2022 or 2023 USA Swimming membership. Swimmers who are within the 60-day transfer rule must swim **UNATTACHED**. No deck registrations will be allowed. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

- No swimmer who is not a member in good standing of USA Swimming shall be allowed to complete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the

responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Swimmers With Disabilities: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability requiring accommodation prior to the competition. The meet will also be open to CSI physically impaired, visually impaired or intellectually impaired athletes who have met a Motivational Time Standard for their respective sport class (available at <https://www.teamunify.com/team/wzcolsc/page/home>)

SCORING: Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

AWARDS: Awards and points will only be earned for the event swum. A 12-year-old swimming in an Open event will be ranked and scored in that event as Open and not as a 12&U.

Prelim/Final session: Awards will be given for 12&U, 14&U and Open

Timed Final session: Awards will be given for 10&U

Individual Events	Medals 1-8, Ribbons 9-16
Team Awards	1 st – 5 th .

SEEDING PROCEDURES AND SCRATCH RULES:

Scratch procedures will be enforced as per **207.11.6** of the USA Swimming Rules and Regulations. All scratches for the first day must be turned in to the scratch box, or emailed by **2:00 PM Thursday, December 1, 2022** to the Entry Chair, meetentries@swimcolorado.org. The scratch deadline for all subsequent days shall be 30 minutes after the published starting time of the final session of each prior day's events.

Swimmers who No-Show a prelim event will be barred from the meet for the rest of the day and must report to the Meet/Administrative Referee for subsequent days' events. Swimmers who No-Show a final event will be barred from any further competition for the remainder of the meet.

EXCEPTION: Any swimmer not reporting for or failing to compete in an individual timed final event shall not be penalized.

NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last, per article 207.11.7 of the USA Swimming Rules and Regulations.

POSITIVE CHECK-IN EVENTS (DISTANCE AND RELAYS):

RELAYS: All relay only swimmers and relay alternates must be included in the entry file to be eligible to compete on a relay team.

Declaration of the relay must include: (1) First and Last Names, (2) Ages, (3) Order of Swimming, (4) Alternate swimmers and USA Swimming ID's.

Relays will be seeded after the established declarations deadline has passed, but the order of swimmers declared on the cards may be changed at any time prior to the start of the heat.

1. Relays not meeting the qualifying time will not score points or receive awards.
2. A maximum of two (2) relay teams per club per event will be permitted.
3. No unattached swimmer may swim on a relay.
4. All relays will swim as a timed final event.

400 IM & 500/1650 FREESTYLE

1. The 1650 will be deck seeded by positive check-in on the day the event will be swum. Positive check-in will close at 9:00 AM Friday.

2. The 1650 Freestyle will swim fastest to slowest alternating women and men. At the discretion of the Meet Referee, both the North and South pools may be used for the 1650.

3. A \$50.00 fine will be assessed for this failure to appear which must be paid before the swimmer can resume competition in any sanctioned event in Colorado.

4.400 IM/500 FREE/1650 FREESTYLE SWIMMERS MUST PROVIDE THEIR OWN TWO (2) TIMERS.
500 FREE/1650 FREESTYLE SWIMMERS MAY APPOINT ONE (1) COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN.

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
3. Age as of the first day of the meet, December 2, 2022 will determine the swimmer's age group for competition.
4. No exhibition swimming is allowed.
5. Times must have been achieved since Sept 1, 2021.
6. Colorado Swimming, Inc. procedures for warm-up will be observed.
7. The USA Swimming National Start will be used. Please refer to 101.1.2
Participating teams will be required to provide timers. Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
8. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
9. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.”?
10. Any team or unaffiliated photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms, during any starts and relays.
11. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
12. Deck Changing is Prohibited.
13. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
14. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
15. All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.

TECH SUITS:

USA Swimming Sanctioned Events Prohibit Tech Suit Use by 12&U Athletes, including this meet. USA Swimming defines a Technical Suit as one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or
- b. Any suit with woven fabric extending past the hips.

WOVEN FABRIC – A suit with woven fabric and sewn seams that does not extend below the hips **is permitted**. KNIT FABRIC – A suit with knit fabric and sewn seams not extending below the knees **is permitted**.

COACHES/OFFICIALS:

All coaches and persons acting in any coaching capacity and uniformed officials must, **Check-in/sign-in with the Meet Director** and able to present current deck pass when asked (DECK PASS PLUS APP Preferred).

Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass is an acceptable proof of Membership.

1. A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
2. **This will be a National Certification Officials Qualifying Meet (OQM).** Officials wishing to be evaluated must submit an application to Officiate Online (Jot form) *no later than November 14, 2022* for assigned positions and November 21, 2022 for non-assigned positions.
 - Evaluations for the following positions will be offered.
 - **N2 Level:** Stroke & Turn, Starter, Chief Judge, Deck Referee and Administrative Referee.
 - **N3 Level:** Stroke & Turn, Starter, Chief Judge, Deck Referee, and Administrative Referee.
3. Applications can be found on the Colorado Swimming web site at swimcolorado.org/officials/applications or [click here for the application](#).
4. A minimum of four (4) sessions must be worked during the prelim/final portion of the meet to apply for national certification.
5. No trainees will be allowed on deck for the prelim/final portion of this meet. Trainees may work the 10&U portion of the meet.

Official's uniforms for **Prelims** will be white polo shirt over black shorts, long pants or skirts/skortts. Official's uniforms for **Finals** will be white polo shirt over black long pants or skirts/skortts. No short pants at finals.
Black socks and Black deck friendly shoes for all sessions.

SPECIAL INFORMATION:

- There will be "NO SMOKING" anywhere in the facility or in areas frequented by swimmers.
- Spectators are asked to refrain from standing along the rail in front of the viewing area.
- **NO spectators** will be permitted on deck or in swimmer locker rooms at any time during the meet.
- Deck space is reserved for swimmers, officials, participating team affiliated coaches and working volunteers.

PARKING: Parking Permit will be posted on CSI website. Participants must have permit in dashboard at all times.

CSI SENIOR CIRCUIT:

Events swum will count toward the CSI Senior Circuit event total. Athletes who compete in seven (7) events or more Senior Circuit events will be eligible for an extra .5 share of funding per the CSI re-imbursalment procedures.

REFRESHMENTS:

Food must be eaten in the Concourse Area. No refreshments are allowed in the pool area, regardless of their source. This is a University of Denver policy.

SEATING: ***NO parent seating or standing on the pool deck.*** Athletes will be allowed to sit on the pool deck. To allow our parents a viewing area, there will be ***NO permanent seating in the pool bleachers.*** There will be additional seating in the concourse and/or adjacent gymnasium.

COVID-19

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Tentative Warm-Up 7:30 AM
Women

Friday December 2

Tentative Meet Start 9:00 AM
Men

	LCM	SCY	EVENT	LCM	SCY	
1 TFP			Open 200 Med Relay			2 TFP
3 TFP			14-U 200 Med Relay			4 TFP
5 TFP			12-U 200 Med Relay			6 TFP
7	1:12.69	1:04.39	Open 100 Fly	1:06.09	58.39	8
9	1:16.89	1:08.09	14 & U 100 Fly	1:16.19	1:07.49	10
11	1:27.39	1:17.39	12 & U 100 Fly	1:32.59	1:21.79	12
13	2:40.39	2:23.69	Open 200 Back	2:29.59	2:11.99	14
15	2:45.49	2:27.19	14 & U 200 Back	2:45.19	2:26.99	16
17	:40.29	:35.99	12 & U 50 Back	:43.09	:38.49	18
19	30.69	26.99	Open 50 Free	28.09	24.69	20
21	:31.89	:28.09	14 & U 50 Free	:30.99	:27.29	22
23	5:45.99	6:25.09	12 & U 500 Free	6:01.89	6:39.89	24
25	3:07.89	2:44.39	Open 200 Breast	2:55.89	2:33.29	26
27	3:12.69	2:48.79	14&U 200 Breast	3:15.49	2:52.29	28
29	1:36.59	1:25.59	12&U 100 Breast	1:41.69	1:30.69	30
31 TFP	20:39.39	20:15.49	Open 1650 Free	20:05.19	19:42.09	32 TFP

TFP= Timed Final Prelim

Tentative Warm-Up 7:30 AM
Women

Saturday December 3

Tentative Meet Start 9:00 AM
Men

	LCM	SCY	EVENT	LCM	SCY	
33 TFP			12-U 200 Free Relay			34 TFP
35 TFP			14-U 200 Free Relay			36 TFP
37 TFP			Open 200 Free Relay			38 TFP
39	2:39.69	2:21.29	12 & U 200 Free	2:45.59	2:26.99	40
41	2:28.39	2:11.29	14 & U 200 Free	2:23.09	2:05.19	42
43	2:19.19	2:02.69	Open 200 Free	2:08.39	1:52.99	44
45	1:23.89	1:14.59	12 & U 100 Back	1:27.89	1:18.49	46
47	1:17.99	1:09.39	14 & U 100 Back	1:15.29	1:06.79	48
49	1:13.69	1:05.39	Open 100 Back	1:08.09	1:00.39	50
51	:45.29	:39.99	12 & U 50 Breast	:47.99	:42.69	52
53	1:28.89	1:18.69	14&U 100 Breast	1:27.59	1:17.29	54
55	1:24.59	1:13.59	Open 100 Breast	1:16.89	1:06.19	56
57		1:14.19	12 & U 100 I.M.		1:17.99	58
59	5:56.99	5:16.59	14 & U 400 I.M.	5:54.09	5:13.69	60
61	5:45.79	4:56.99	Open 400 I.M.	5:20.69	4:43.69	62

TFP= Timed Final Prelim

Tentative Warm-up 1:00 pm			Saturday's Timed Final	Tentative Start 1:40 pm		
Women	LCM	SCY		LCM	SCY	Men
63			10 & Under 200 Free Relay			64
65	1:46.79	1:36.09	10 & Under 100 Back	1:50.89	1:39.19	66
67	50.99	44.99	10 & Under 50 Fly	53.99	48.99	68
69	2:00.29	1:47.59	10 & Under 100 Breast	2:06.89	1:52.69	70
71	44.49	39.49	10 & Under 50 Free	44.99	39.99	72
73		1:35.99	10 & Under 100 IM		1:37.79	74
75	3:21.29	2:55.69	10 & Under 200 Free	3:24.29	2:57.59	76

Tentative Warm-Up 7:30 AM *Sunday December 4* *Tentative Meet Start 9:00 AM*

Women				Men		
	LCM	SCY	EVENT	LCM	SCY	
77	:37.79	:33.39	12 & U 50 Fly	:39.29	:35.29	78
79	2:59.29	2:39.59	14 & U 200 Fly	3:09.29	2:48.49	80
81	2:46.59	2:26.99	Open 200 Fly	2:38.79	2:19.89	82
83	1:13.19	1:04.69	12 & U 100 Free	1:15.89	1:07.29	84
85	1:07.69	59.69	14 & U 100 Free	1:04.89	57.09	86
87	1:04.19	:56.29	Open 100 Free	58.99	51.89	88
89	3:02.49	2:41.49	12 & U 200 I.M.	3:08.29	2:47.49	90
91	2:46.39	2:27.49	14 & U 200 I.M.	2:42.99	2:24.29	92
93	2:37.39	2:19.09	Open 200 IM	2:25.19	2:09.19	94
95	:33.99	:30.09	12 & U 50 Free	:35.29	:31.19	96
97	5:10.49	5:46.99	14 & U 500 Free	5:05.29	5:41.69	98
99	4:55.39	5:30.29	Open 500 Free	4:36.19	5:09.29	100

Tentative Warm-up 1:00 pm			Sunday's Timed Final	Tentative Start 1:40 pm		
Women	LCM	SCY		LCM	SCY	Men
101			10 & Under 200 Medley Relay			102
103	1:35.89	1:25.89	10 & Under 100 free	1:36.69	1:26.69	104
105	56.89	50.79	10 & Under 50 breast	58.99	52.99	106
107	2:03.49	1:50.69	10 & Under 100 fly	2:12.39	1:59.29	108
109	49.99	44.99	10 & Under 50 back	52.99	46.99	110
111	3:42.09	3:17.09	10 & Under 200 IM	3:50.39	3:25.89	112