



Colorado Senior Meet February 16-18, 2024

SANCTION: Held under Sanction of USA Swimming. CO Sanction #CO24-071. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event

MEET REFEREE: Cheryl Hampton

Email: officialsrep2@swimcolorado.org

MEET DIRECTOR: Shawn Smith

Email: shawn.smith@du.edu

ENTRY CHAIR: Colorado Swimming
720-310-0420 (Jackie)
Charged to Team Account

Email: meetentries@swimcolorado.org

SAFETY DIRECTOR: Allyson Angle

Email: Allyson.angle@du.edu

LOCATION: University of Denver, Ritchie Center, 2201 E. Asbury, Denver, CO 80208

FACILITY: Elevation 5342 ft.; Seventeen lane; 25 yard by eight-lane 50-meter indoor pool. Dependent upon number of entrants, the meet may run in one 10 lane, 25 yard course, with depth ranging from 7-13 ft. at start end and turn end, or in one 8 lane course with depth ranging from 7-13 ft. at start end and 7 ft. depth at turn end. Continuous warm-up/down lanes will be available in both circumstances. The competition course has been certified in accordance with 104.2.2C (4).

The copy of such certification is on file with USA Swimming.

Only USA Swimming member swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers are allowed on deck. Parents and spectators please remain in the viewing or seating areas.

Trained and certified lifeguards will be present at all sessions and an AED device will be available on site and available to athletes participating in the meet

TIMING: Colorado Timing System with touch pads and display board

MANDATORY GENERAL MEETING: Friday, Feb. 16 at 3:30 PM. Meet Referee will answer any questions about the meet format as well as any last minute changes/reminders.

SCHEDULE:

Session	Warm-Up	Meet Start
Friday	General Warm-up: 4:00-4:30pm Specific Warm-up: 4:30-4:50pm	5:00pm
Saturday and Sunday	General Warm-up: 12:00-1:00pm Specific Warm-up: 1:00-1:20pm	1:30 pm

ENTRIES: Swimmers may enter up to four (4) individual events per day with a maximum of Seven (7) total events.

ENTRY FEES: \$8.50 for each individual event. (\$1.40 of each individual event will go to the CSI Support Fund)
\$18.00 per swimmer Pool Surcharge
See short course athlete reimbursement form for funding guidelines.

ELECTRONIC ENTRY PROCEDURES AND DEADLINES:

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than 11:59 pm on Tuesday, **February 6, 2024** (entries will be confirmed on/or before Feb 7th).
- **Payment will be processed via credit card at the meet or via QuickBooks Invoicing.**
- Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.
- Psych sheet, warm-up and timer assignments will be posted at www.swimcolorado.org by Friday, February 9, 2024.

LAST CHANCE ENTRY EXCEPTIONS:

- Times achieved at approved Colorado Last Chance meets or at an out of LSC meet being contested after the entry deadline must be requested to lseckinger@aol.com before Jan 15, 2024 to be eligible for entry. Last Chance exception only applies to swimmers who have not previously qualified in that event. No previous times will be adjusted.
- **Last Chance entry procedure:** New qualifications must be submitted to the meet director at the last chance meets. The Meet director will then forward all last chance qualifications to the Senior State meet entry chair. **Entries will not be accepted from individuals or teams, only from last chance host.**

Corrections should be made as follows:

Entry corrections should be sent the Entry Chair:

Linda Seckinger meetentries@swimcolorado.org

Registration corrections should be sent to:

Jackie Stiff csiswimoffice@swimcolorado.org

ELIGIBILITY: Athletes must be 14 years of age or older as of the first day of the meet. 14 yr old athletes must have CSI AG State Time Standards to participate, 15 and over athletes must have Senior Meet Time Standards. Athletes must meet the age definitions of the event (Friday and Saturday are 15 & over, Sunday is Open) . No deck registrations will be taken. The meet will also be open to CSI physically impaired athletes with Motivational time standards.

SCORING: There will be no scoring.

AWARDS: No Awards will be given out.

SEEDING PROCEDURE & SCRATCH RULES:

With the exception of the 400 IM, 500 & 400 Free, and 1650 & 1500 Free the meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last per article 207.11.7 of the USA Swimming Rules and Regulations.

POSITIVE CHECK-IN EVENTS (DISTANCE):

1. The distance events 400 IM and 500/1650 Free will be deck seeded by positive check-in on the day the event will be swum. On Friday, check-in will close 45 minutes prior to the start of the session. On Saturday/Sunday, check-in will close 30 minutes after the start of the session on the day of the event. The 1650 freestyle will be swum fastest to slowest alternating women and men.
2. 500/1650 SWIMMERS MUST PROVIDE TWO (2) OF THEIR OWN TIMERS AND MAY APPOINT A COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules will govern this meet.
3. "All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition."
4. Age as of the first day of the meet, February 16, 2024 will determine the swimmer's age group for competition.
5. No exhibition swimming is allowed.

6. Entry times must have been achieved since January 1, 2023 to Feb 4, 2024, except last chance meets.
7. Colorado Swimming, Inc. procedures for warm-up will be observed.
8. **Participating teams will be required to provide timers.** Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
9. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
10. All swimwear must conform to USA Swimming Rule and Regulations. If you have any question on older suits check the current FINA Approved swim suit list.
11. Any team or unaffiliated photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms, during any starts
12. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
13. Deck Changing is Prohibited.
14. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

TIME TRIALS:

Pending facility availability, TIME TRIALS will be held at the end of the Saturday and Sunday sessions **ONLY IF TIME WILL ALLOW.** Swimmers planning to swim a time trial event must sign up 90 minutes prior to the end of that day's events. The cost is \$20.00 per event. Swimmers must be entered in the Sr. Meet to compete in time trials. Time trial events will count toward one of the four events per day limit and the seven-event limit for the meet. TIME TRIALS will follow the same rules as the Senior Meet. Sanction: CO24-072TT

- Coaches/Officials:** Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. USA Swimming App and/or a membership card is an acceptable proof of membership. Coaches will be required to sign in to receive their heat sheet.
- A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
 - Official's uniforms will be white polo shirt over black shorts, long pants or skirts/skorts. Black socks and Black deck friendly shoes for all sessions.
 - No Trainees will be permitted at this meet.

SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. Policies and Procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution "may" help reduce these risks.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.

SPECIAL INFORMATION:

- There will be “NO SMOKING” anywhere in the facility or in areas frequented by swimmers.
- Spectators are asked to refrain from standing along the rail in front of the viewing area.
- **NO spectators** will be permitted on deck or in swimmer locker rooms at any time during the meet.

Deck space is reserved for swimmers, officials, participating team affiliated coaches and working volunteers.

Parking Permit will be posted on CSI website. Participants must have permit in dashboard at all times.

CSI Senior Circuit:

Events swum will count toward the CSI Senior Circuit event total. Athletes who compete in seven (7) events or more Senior Circuit events will be eligible for an extra .5 share of funding per the CSI re-imbusement procedures.

Refreshments: Concessions will be available.

Seating: **NO parent seating or standing on the pool deck.** Athletes will be allowed to sit on the pool deck. To allow our parents a viewing area, there will be **NO permanent seating in the pool bleachers.** There will be additional seating in the concourse and/or adjacent gymnasium.

2024 CO Senior Meet
FRIDAY FEBRUARY 17, 2023

Women's	LCM	SCY	Event	LCM	SCY	Men's
1	20:17.99	19:54.99	14 & Over 1650 Free	20:17.99	19:54.99	2

SATURDAY FEBRUARY 18, 2023

Women's	LCM	SCY	Event	LCM	SCY	Men's
3	2:21.19	2:02.09	14 & Over 200 Free	2:10.29	1:52.29	4
5	1:25.39	1:15.29	14 & Over 100 Breast	1:17.99	1:06.49	6
7	29.59	:26.09	14 & Over 50 Free	26.69	:23.59	8
9	2:55.99	2:36.99	14 & Over 200 Fly	2:51.99	2:32.99	10
11	1:12.59	1:04.29	14 & Over 100 Back	1:08.79	59.29	12
13	5:46.99	5:08.99	14 & Over 400 IM	5:36.09	4:57.39	14

SUNDAY FEBRUARY 19, 2023

Women's	LCM	SCY	Event	LCM	SCY	Men's
15	2:42.99	2:22.99	14 & Over 200 I.M.	2:28.99	2:08.99	16
17	1:04.59	56.69	14 & Over 100 Free	:59.59	:51.49	18
19	2:41.99	2:22.39	14 & Over 200 Back	2:34.99	2:15.99	20
21	1:13.99	1:04.99	14 & Over 100 Fly	1:05.39	56.99	22
23	3:10.99	2:47.99	14 & Over 200 Breast	3:02.39	2:39.99	24
25	5:02.99	5:42.99	14 & Over 500 Free	4:45.99	5:25.99	26

***Distance Events will be combined at the discretion of the meet referee and MUST PROVIDE THEIR OWN TIMERS**