

University of Denver Hilltoppers (TOPS)
TOPS COLORADO OPEN
Friday January 20-Sunday January 22, 2023

SANCTION: Held under sanction of Colorado Swimming, Inc. of USA Swimming #CO23-007 (The James Bond of 2023 Colorado meets). In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE: Scott Powell email: spowell11@comcast.net

MEET DIRECTOR: Shawn Smith 303-871-3135

ENTRY CHAIR: Austin Fowler, 303-871-3135 E-mail address: meetentries@msn.com

Please mail entries to: Hilltopper Swimming, DU Dept of Recreation: Aquatics
2201 E. Asbury, Denver, CO 80210

SAFETY DIRECTOR: Rachel Cook 303-871-7006

LOCATION: University of Denver, El Pomar Natatorium, 2201 E. Asbury, Denver, CO 80208 Elevation 5342'

ENTRY DEADLINE: *Tuesday, January 10, 2023.*

FACILITY: 50 meters (8 lanes) by 25 yard (17 lanes), with non-turbulent markers. Colorado Timing systems. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Dependent upon number of entrants, the meet may be run:

- 1) In one 10 lane, 25 yard course, with depth ranging from 7-13 ft at start end, and 7 ft depth at turn end or
 - 2) 2 Courses: Course A=8 lane, 25 yard, with depth ranging from 7-13 ft at start end, and 7 ft depth at turn end
Course B=5/6 lane 25 yard, with depth ranging from 5-6 ft at start end, and 5-6 ft depth at turn end.
- Continuous warm-up/down lanes will be available in all circumstances.

PARKING: From I-25: take University exit south from the highway and make your first turn east onto Buchtel Blvd. Parking will be available on the north side of Buchtel Blvd. Parking lot is named 108. **Map and Permit will be distributed to participating teams.**

SCHEDULE (all times are tentative):

Session	Warm-Up	Meet Start
Friday evening, January 20, 2023	4:00 – 4:40 PM. TENTATIVE	4:50 PM TENTATIVE
Saturday morning, January 21, 2023	7:30 – 8:20 AM TENTATIVE	8:30 AM TENTATIVE
Saturday afternoon, January 21, 2023	12:30 – 1:30 PM TENTATIVE	1:40 PM TENTATIVE
Sunday morning, January 22, 2023	7:30 – 8:20 AM TENTATIVE	8:30 AM TENTATIVE
Sunday afternoon, January 22, 2023	12:30 – 1:30 PM TENTATIVE	1:40 PM TENTATIVE

ELIGIBILITY:

Swimmers will be permitted to compete as provided in Article 302. Open to any swimmer with a 2023 Swimming membership. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. Deck pass is an acceptable proof of Membership

No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

SCORING: No individual or team scoring.

AWARDS: ***Individual awards:*** Ribbons 1st–8th in each event in the 8 & under, 10 & under and 11-12/12 & Under boys and girls divisions. No individual awards for Open age group.

Relay awards: Awards for 1st–3rd in the 8 & under, 12 & under boys and girls divisions.

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules & Regulations will govern the meet, in conjunction with the following information from Colorado Swimming Inc.
3. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
4. Age as of the first day of the meet, January 20, 2023 will determine the swimmer's age group for competition.
5. No exhibition swimming is allowed.
6. Colorado Swimming, Inc. procedures for warm-up will be observed.
7. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
8. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
9. Entry times must have been performed since Jan 1, 2020.
10. The meet will be pre-seeded except for events 7-10, 35-36, 45-48, 71-74 and 85-88, which may require a positive check-in. Failure to check-in for an event may result in not being allowed to swim the event – events will not be re-seeded to accommodate swimmers who fail to check in.
11. All events are timed finals swum slow to fast except as otherwise noted.
12. Events 7-10: 12 & Under 500 Free and Open 1650 Free, will be swum fastest to slowest alternating girls and boys.
13. Events 47-48 & Events 87-88: Open 500 Free and Open 400 IM, will be swum fastest to slowest alternating 5 heats of women and 5 heats of men, then alternating 1 heat of women and 1 heat of men thereafter.
14. Swimmers must provide their own timers (2) and counters for the 500 Free and 1650 Free events. Swimmers must provide their own timers (2) for the 400 IM.
15. All swimwear must conform to USA Swimming Rule and Regulations article 102.8 effective October 1, 2009. If you have any question on older suits check the current FINA Approved swim suit list.
16. No photography allowed from behind the starting platforms during starts and relays All team photographers must check-in with Meet Referee prior to taking any photographs.
17. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
18. Deck Changing is Prohibited. USA Swimming Rule 202.4.9I.
19. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
20. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

21. Lifeguards and AED devices are available to athletes/coaches participating in the meet. ***Needed: “A description of the medical supervision (e.g., lifeguards, EMT, AED device, etc.) available to athletes participating in the meet” Per R-16 Rules and Regs Changes Effective 1/1/23.***

COVID-19

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

COACHES/OFFICIALS: All coaches and persons acting in any coaching capacity and uniformed officials must have current certification. Coaches and officials that are in non-compliance will not be allowed on deck. Coaches and officials are required to sign in per session and show proof of current certification before receiving heat sheets and being allowed to be on deck in an official or coach capacity.

ENTRIES: The Hy-tek event template complete with qualifying times will be available on Colorado Swimming’s website: swimcolorado.org. The meet will be limited in swimmers to adhere to the 4-hour rule. Entries will be accepted in the order they are received (See below). All individual non-TOPS entries must meet qualification times. **TOPS swimmers will be exempt from qualification times.**

- A. Electronic File sent via e-mail is the entry method of preference. Please include a 1) Team Unify .sd3 file or Hy-Tek zipped .cl2 file, and 2) a print out of entries in your email. Hard copies and entry check should be mailed separately. A confirmation e-mail will be delivered once you have been entered into the meet.
- B. The psych sheet will be e-mailed by Mon Jan 16, 2023.

ENTRY FEES: Individual event fee is \$7.00 per event and relays are \$10.00/relay. There is a \$15.00 surcharge per swimmer. All fees must accompany entries and are non-refundable. **Make checks payable to the University of Denver** (\$1.10 of each entry fee goes to CSI Inc.)

ENTRY LIMITS: 4 individual event plus relays per day

LATE ENTRIES: Individual events will be \$10.00, and will be accepted only at meet director's discretion. Events will not be re-seeded.

RESTRICTIONS: Smoking or the use of other tobacco products is prohibited on DU campus.

SPECTATOR SEATING: The pool bleachers are a viewing area only. There will be specific areas designated for permanent seating in the adjacent concourse, and/or adjacent gymnasium.

2023 TOPS Colorado Open

Schedule of Swimming Events: Friday Evening, January 20, 2023

Open/Specific Warm Up: 4:00 – 4:40 P.M. Tentative Session Start: 4:50 P.M.

Qual Time	Girls	Division	Event	Boys	Qual Time
	1	Open	200 Medley Relay	2	
	3	11 & O	200 IM	4	
	5	Open	200 Free Relay	6	
7:07.99	7	12 & U	500 Free	8	7:19.99
20:59.99	9	Open	1650 Free	10	20:59.99

Schedule of Swimming Events: Saturday, January 21, 2023

Tentative Warm Up: 7:30 – 8:20 AM Tentative session start: 8:30 AM

	Girls	Division	Event	Boys	
	11	8 & U	100 Medley Relay	12	
	13	12 & U	200 Medley Relay	14	
	15	8 & U	25 Fly	16	
	17	12 & U	50 Fly	18	
	19	8 & U	50 Free	20	
	21	12 & U	100 Free	22	
	23	8 & U	50 Back	24	
	25	12 & U	100 Back	26	
	27	8 & U	25 Breast	28	
	29	12 & U	50 Breast	30	
	31	8 & U	100 IM	32	
	33	12 & U	100 IM	34	
3:24.89	35	10 & U	200 Free	36	3:25.39

Schedule of Swimming Events: Saturday, January 21, 2023

Tentative Warm Up: 12:30-1:30 PM Tentative session start: 1:40 PM

Qual Time	Girls	Division	Event	Boys	Qual Time
	37	Open	400 Medley Relay	38	
	39	Open	100 Free	40	
2:40.99	41	Open	200 Back	42	2:45.19
	43	Open	100 Breast	44	
3:29.99	45	Open	200 Fly	46	3:23.59
6:14.19	47	Open	500 Free	48	6:14.89

2023 TOPS Colorado Open

Schedule of Swimming Events: Sunday, January 22, 2023

Tentative Warm Up: 7:30-8:20 AM Tentative session start: 8:30 AM

Qual Time	Girls	Division	Event	Boys	Qual Time
	49	8 & U	100 Free Relay	50	
	51	12 & U	200 Free Relay	52	
	53	8 & U	50 Fly	54	
	55	12 & U	100 Fly	56	
	57	8 & U	25 Free	58	
	59	12 & U	50 Free	60	
	61	8 & U	50 Breast	62	
	63	12 & U	100 Breast	64	
	65	8 & U	25 Back	66	
	67	12 & U	50 Back	68	
	69	8 & U	100 Free	70	
3:43.19	71	10 & U	200 IM	72	3:58.19
2:39.79	73	11-12	200 Free	74	2:48.19

Schedule of Swimming Events: Sunday, January 22, 2023

Tentative Warm Up: 12:30-1:30 PM Tentative session start: 1:40 PM

Qual Time	Girls	Division	Event	Boys	Qual Time
	75	Open	400 Free Relay	76	
	77	Open	100 Fly	78	
3:03.29	79	Open	200 Breast	80	3:08.09
	81	Open	50 Free	82	
	83	Open	100 Back	84	
2:22.89	85	Open	200 Free	86	2:21.99
5:55.99	87	Open	400 IM	88	5:59.39